

Camelback Family Planning

Informed Consent for Depo Provera (Medroxyprogesterone Acetate)

Before you sign this form be sure you understand the good things as well as the possible problems that might happen with the use of Medroxyprogesterone Acetate, the generic form of Depo Provera. If you have any questions, we will be happy to talk to you about them. You can change your mind at any time about using Medroxyprogesterone Acetate, generic for Depo Provera.

Instructions to the patient: Put your initials after each statement to show that you have read, understand, and agree with the statement.

Initials

I am presently on my period and my first day was _____.

I understand that the Medroxyprogesterone Acetate is given by an injection and that it has a synthetic hormone in it like the hormone progesterone which is normally in a woman's body. I understand that when I am using Medroxyprogesterone Acetate, the hormone last for 12-14 weeks.

I understand that the Medroxyprogesterone Acetate works by keeping eggs from being released from the ovaries, and by making the mucus from the cervix thick, so that it is hard for sperm to get through it.

I understand that the Medroxyprogesterone Acetate works to prevent pregnancy and is 99.7% effective. I understand that it starts to prevent pregnancy within 24 hours after it has been injected, if it is injected during my period or 2 weeks post abortion or 90 days after a previous injection.

I understand that at the end of 12 weeks I will no longer be protected from pregnancy unless I continue to receive the injection every 90 days. When I want to get pregnant, I understand that it can take an average of 9-10 months from the last injection to become pregnant, and possibly up to a year or more.

I understand that the advantages of using Medroxyprogesterone Acetate are:

Prevention of pregnancy

There is no medication taken every day

There is nothing to do right before sex to make it work

It lasts for 12 weeks

I have been informed that I must not use Medroxyprogesterone Acetate if I am pregnant or think I might be pregnant. I also will not be able to use it if I have any of the following:

Serious liver disease; any kind of liver growths on the liver;

Abnormal bleeding from the vagina that has not been evaluated

Known or suspected cancer of the breast

Recent blood clots in the legs, lungs, or eyes

I understand that most women using Medroxyprogesterone Acetate experience changes in menstrual periods including bleeding more days than usual, spotting between periods, no periods or more than one of these changes. These changes are common, particularly in the first 6 months of use.

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I have been informed that some of my past and/or present conditions may increase my medical risk or make Medroxyprogesterone Acetate use inadvisable. I know to tell Dr. Goodrick if I smoke or take any medications. I also know to tell Dr. Goodrick if I have now, or have had before, any of the following:

Heart disease or stroke; diabetes; headache; seizure disorder or if I am taking anti-seizure medication; depression; high blood pressure; recent history of liver disease such as hepatitis or an abnormal liver function test. _____

I understand that another possible problem or complication of using the Medroxyprogesterone Acetate can include pregnancy and that if I should decide to continue the pregnancy I am aware that it can cause fetal abnormalities. _____

I understand that some women may also have the following other side effects:
Change of appetite ;weight gain; headaches; nausea; sore breast;
hair loss or increase hair on face or body; increased or decreased sex drive; and nervousness. _____

I understand that if I experience any of these side effects, there is no way to neutralize or reverse the Medroxyprogesterone Acetate and that the side effects may continue until the injection wears off. _____

In Nov 2004, the FDA issued a black box warning that prolonged use of Depo may result in significant loss of bone density and that the loss is greater the longer the drug is administered. This bone density loss may not be completely reversible after discontinuation of the drug. The warning states that a woman should only use Medroxyprogesterone Acetate as a long-term birth control method (for example, greater than two years) if other birth control methods are inadequate for her. _____

I understand that the area where the Medroxyprogesterone Acetate is injected to might be sore for a day or two. _____

No promises have been made to me as to the results which may be obtained if I use Medroxyprogesterone Acetate or any other method of birth control. I know that I am to return for a check-up and another injection every 12 weeks and every year for a pap smear. _____

I have read, initialed and understand the above information and elect to use Medroxyprogesterone Acetate, generic Depo Provera, as birth control.

Patient signature: _____ Date: _____

STAFF TO COMPLETE BELOW

Witness: _____ Urine Preg Test: _____

Age: _____ Wt. _____ BP: _____ LMP: _____ TAB: _____

Given Medroxyprogesterone Acetate 150 mg. I.M. in _____ . Lot #: _____

Next injection due on _____ . Exp _____